



Item	Info	Minutes
1. Round Table Welcomes! (5 min) 6 PM	Attendees	Jill Glassford, Jessica Anjos, Christy Wiens, Laura Gustaffson, Dani Walls, Megan Rennie, Kacy Martin, Jacqueline Pizzey, Mel Boomhower
2. Fundraisers and events review	1. Purdy's- huge success! Thank you Alysha and pick up team (approx 1200.00 profit) 2. Movie night - great turnout and still some popcorn to be sold (adding to munch a lunch?) 3. Growing Smiles - qualified for free shipping - Dec 12th and pick up Dec 13th (Approx 400.00 profit) (1383.48 to be paid in total orders by cheque or e transfer- Jac?)- (247.00 outstanding at pick up and to be auctioned at silent auction) 3. Silent Auction- Winter carnival Wednesday Dec 18th - Letter / donations now- Dec 13th organization day - Volunteers for day and evening - Video recording - follow up with Mrs. Anjos - Thank you cards- Megan 4. West coast seeds- closed - must be done in October for next year 5. Post winter break bottle drive 6. Spring events?	1.) Look at doing a Purdy's fundraiser every year, as it was simple and we had a large profit. 2.) Movie night – still have about 60 bags of popcorn to sell. Jessica will check with teachers to ensure they are okay with us adding popcorn to Muncha Lunch for January. 3.) Growing Smiles: will add on Facebook when the pick up times will be; set up tables along the gym wall; e-transfer the payment to Growing Smiles as Canada Post is on strike 4.) We need Christmas paper to decorate the tables. Bid sheets need to be created, as well as donations organized into what is being auctioned in the afternoon versus evening. Gift baskets need to be made. Mel will deliver the thank you cards. Diane,



		Theresa, and Laura will be in charge of the silent auction tables at the afternoon concert. Diane, Megan, and Kacy will be in charge of the silent auction tables in the evening. 5.) Winter break bottle drive will be noon to 3pm on January 5th. Key for the gate will need to be signed out. Megan and Jacqueline to help. Mel will make a sign. 6.) Tentative date for next movie night will be February 21st. Will discuss more at January meeting. 7.) Jessica will look into whether we can have an Easter Egg hunt at the school in the spring. 8.) We have everything set up to do Susgrainable as a fundraiser, in which the PAC would receive 50% of all sales. We need someone to take charge of this fundraiser.
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3. Motion to approve Oct mins (2 mins)		Megan, Jill, Christy
	1. COBBS Bursary- apply again- 1x1000.00 completed 2. Gaming Grant: completed 3. Accounts: General Account : \$38,102.71 Gaming: \$2,231.69 Hot Lunch Revenue: \$6,706.61 Fundraising: Purdy's and movie night: Approximately \$114 (plus remaining popcorn sales) for movie night and \$1200 from Purdy's fundraiser	
b. Presidents Report (5 mins)	1. Thank yous 2. Sidewalk/ black top around gym	The area around the gym is not very accessible for those in wheelchairs. People are invited to send Jess letters of support, indicating it is a health and safety issues – from the lens of safety and accessibility. Randy Horn is the chair of SD23 accessibility committee.
C. COPAC report(5 min)	• COPAC highlights	WestStem Education for grade 3-4. Availability for spring fair if we have one.



2. D. Principal's Report and new funding requests (10 mins)	See attached Principal's report for details	Funding Requests: 1.) Social emotional regulation/physical health hallway. 6 teachers worked for 8 weeks with Andrea on physical literacy to increase physical exercise. The Wellness Path being installed is based on the lens of the 4 food chiefs. Andrea purchased silicone dots and agility ladders. Jessica funded the remainder through the cultural fund. Request to approve 30 foam balls at a cost of \$611.40. Motion to approve: Dani, Megan, Jacqueline, Kacy 2.) \$600 for dinner for the staff for the Christmas concert (this is something that is done every year and never goes anywhere close to this budget). Motion to approve: Dani and Kacy
Other		Spring Carnival – mixed feelings on whether to do one as it is hard to get volunteers. This will be discussed at the meeting in January. Please bring any ideas to the meeting.



January Meeting		As Dani will be on vacation, she asked if we could move the meeting from January 14th to January 7th. Everyone in attendance was in agreement that this is okay.
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Principal's Report: Helen Gorman Elementary School PAC Meeting
Jessica Anjos | December 10, 2024

1. Shining Moments to Celebrate and Updates

- a. Parkour
- b. Skating Field Studies
- c. Harmony Day
 - a. Wendy Marsich and Carol-Lee Sproule
 - b. Choir with Robin Kimmie

2. Mark the Calendar

- a. Winter Concert – Wednesday, December 18: 2 showings @ 12:15pm and 6:00pm
- b. First Day back after Winter Break – Monday, January 6
- c. Daniel Duggan Cultural Performance – Wednesday, January 15
- d. Skating Field Studies continue

3. Communication with Melissa Grassmick

- a. Accessible Playground – next steps – connecting with SD23 Accessibility Committee

4. Learning Priorities @ HGE

- a. Social Emotional Learning – through the lens of Physical Education Health
 - i. Physical Literacy Project with Andrea Locke

The School Physical Activity and Physical Literacy project, SPAPL, is a multi-component school-based health promotion initiative for BC elementary schools. The project seeks to increase the number of minutes of physical activity students engage in during the school day, improve their physical literacy, and support them to learn and care for their physical, mental and social health. The project will be focused primarily on building the capacity of B.C. educators to increase their confidence and competence in delivering quality physical activity and physical literacy opportunities at school while supporting links to mental wellness.

You could then add that 6 teachers were part of the project, however we have been able to connect with the remaining 5 teachers to share ideas and resources to support physical literacy development. Additional support will continue as teachers address further needs regarding physical health and wellness in their classrooms. One of the plans is to install another movement/regulation path.

*The Wellness Path is a collaboration between the Health Promoting Schools team, Indigenous Education department, local Elders and students/teachers in Sd23. The path is a series of guided movements to follow, shown by sticker decals on the ground and posters on the wall. We have connected physical literacy movement skills with **captik^{wt}** and attributes of plants and animals in the syilx okanagan territory. **This experience is holistic in nature as students connect to themselves through story, physical movement and self regulation.***

The images created for the decals and posters were drawn by Faith Johnson-Jourdain, an Indigenous student artist from Mount Boucherie Secondary School. Elders Pamela Barnes and Elder Grouse Barnes shared local knowledge to ensure proper protocols were honoured. The Okanagan keyboard letters and pronunciation were provided by <https://www.firstvoices.com>.

5. Funding Requests

- a. PHE Equipment
 - i. Agility Ladders (\$57.57) purchased by Healthy Promoting Schools
 - ii. Poly Spots (\$54) purchased by Healthy Promoting Schools
 - iii. Dodgeballs (\$611.40) for 30 balls – request by all

6. Wonder

- a. PAC gift of dinner